



FOR THE PREVENTION AND
RELIEF OF POVERTY IN MALAWI

WWW.MBEDZA.ORG



Group Visit 2025

***Saturday 5th April –
Friday 18th April***



Why do we run a group visit?

Mbedza runs an annual group visit to Malawi so visitors can see development work in action. We believe our visits offer a unique insight into our projects and present transparency in the work that we do. Our group visits create a connection between our projects and those who donate to support them. We want to share our learning organisation with interested visitors and hope that the impact of group visits encourage people to start or continue supporting our valuable work.

We really think that Malawi is such an incredible country with so much to offer. We want as many people to experience Malawi through our eyes as we know the impact and valuable insight it has had on all those who have visited previously.



What does a visit look like?

Our group visits offer a real insight into how Mbedza operates as an organisation and what we deliver on the ground. You will have the opportunity to visit each of our core projects and speak to our staff and communities about the interventions that are being delivered. Our experience of running visits means we know great places you may also want to visit as a tourist. This is why we include a stop at the Lake, National Park and other excursions in our visits programme. These are places you simply must experience!

We know that trips like these are amazing and can also be very tiring. Our knowledge running visits has enabled us to create an itinerary to suit all. We balance the busy visit with times of rest for those who need to recharge and alternative activities for others seeking more adventure.

We run our annual visit between March/April as Malawi's rainy season finishes, the country is beautiful and green and the weather is warm (but not too hot!). We want you to have as much possible time in Malawi but also want to give those tied to school dates a couple of days to recharge before the next term starts. Therefore our trips are 14 days long in total, including 2 days of travel and 12 days in Malawi.



Itinerary

Here is an overview of the main activities on each day. Some days have more traveling than others and we work on flexible time, as is needed when working in Malawi. A more detailed itinerary will be shared when we have confirmed numbers and liaised with partners in Malawi.

Date	Itinerary
Saturday 5th April	Depart UK (Ethiopian airlines)
Sunday 6th April	Arrive Blantyre, Malawi Travel to accommodation and rest
Monday 7th April	Group session of cultural and language training Visit a Stove beneficiary village
Tuesday 8th April	Visit Songani Hope and Wellness Centre Visit a Tree beneficiary village
Wednesday 9th April	Visit our students on our orphan education programme
Thursday 10th April	Special Needs Visits Day in partnership with Heart of Mercy project

Friday 11th April	Travel to Liwonde National Park Afternoon safari
Saturday 12th April	Early morning safari Travel to Cape Maclear
Sunday 13th April	Rest – option to visit a Stove/tree beneficiary village Boat ride on Lake Malawi
Monday 14th April	Visit Chiyambi Nursery Travel back to Zomba
Tuesday 15th April	Rest day or option to do local activities in Zomba or offer a workshop at Songani
Wednesday 16th April	Excursion day: Mulanje Mountain or Thyolo Tea Estate
Thursday 17th April	Pack up and travel to airport Depart Blantyre, Malawi (Ethiopian airlines)
Friday 18th April	Arrive UK

Costs

Mbedza costs

Mbedza fee	£700
Accommodation with breakfast (based on shared room)	£400
Vehicle travel	£420
Total	£1520

What does the Mbedza fee cover?

- A completely planned and organised visit – just enjoy the experience!
- Welcome goodie pack
- An Mbedza t-shirt
- Pre-visit training day by a UK Mbedza member of staff
- Malawi and UK staff support before and during your trip, we are with you every step of the journey!
- 2 safaris (boat and jeep) in Liwonde National Park
- A boat ride on Lake Malawi
- An excursion day to either Mulanje (hiking) or Thyolo (tea tasting) **TBC**
- Carbon tax to mitigate your flight, which contributes towards our stove and tree projects
- Bottled water in Malawi
- WIFI in Malawi

Other costs

Flight	£900+
Lunch and Dinner	£6+ per meal
Soft and alcoholic drinks	£0.50+ per drink
Travel insurance	£50+
Vaccinations and antimalarial medication	£50+
Total	£1100+

Why does it cost this much to go to Malawi?

Rising costs of fuel have made flights and vehicle hire in Malawi very expensive over the last few years. We want to offer an experience that gives you a real feel of Malawi whilst being able to enjoy some comforts and opportunity to have some adventure and fun. This is the price that we are able to fulfil this at.

Costs are **currently estimates** based on discussions with our partners in Malawi. Costs do tend to fluctuate due to currency instability of the Malawian Kwacha and cost of living increases in Malawi. Accurate costings and a payment plan will be made when numbers for the visit are confirmed. Mbedza costs won't increase and we will always look for ways to save some money where possible. Once numbers are confirmed, a payment plan will be established over a 6 month period.

Is this visit for me?

If you've ever wondered about visiting Malawi and want to go in a safe and organised way, this is the visit for you. We have years of experience running visits and know what to do to ensure you are well cared for whilst enjoying completely new experiences and culture. Our visits offer a unique interaction with Malawian communities which an average tourist would not experience. We are family friendly and have previously taken visitors aged 4 years all the way to 84 years!

If you are someone who has supported Mbedza before and want to see how donations are being used, this is the trip for you.

If you like traveling to more adventurous locations and want the security of things being organised for you, this is the visit for you.

If you enjoy trying new cultures, food, people and experiences then this is the trip for you.





Interested in joining us?

We would love to hear from you, whether you are just curious or very keen!

There will be an online 'welcome talk' to all interested visitors on:
Sunday 2nd June 2024 at 7pm (1 hour)

Register your interest [here](#):

To ask any questions, email Jess:

jess@mbedza.org

Visits Coordinator



@mbedzamalawi